

PRIME TIME NEWS

MOUNTAIN VIEW SENIOR CENTER

SEPTEMBER 2011

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SENIOR CENTER HOURS

Monday - Wednesday
8:30 a.m. - 9:00 p.m.

Thursday - Friday
8:30 a.m. - 5:00 p.m.

SENIOR CENTER STAFF

DIANE ATIENZA
SARAH FOSTER (acting)
Recreation Coordinators

JUSTINA LINAN
CYNTHIA SPINELLA
Recreation Specialists

MORGAN BYLER
Recreation Leader II

LUNCH PROGRAM
650-964-6586

EVENING BUILDING
ATTENDANTS
David Blondin
Allie Ching
Jose DeAnda
BJ Hathaway
Angelika Ignaitis
Rich Stephens

**SENIOR CENTER
CLOSED**
for
LABOR DAY
Monday
September 5, 2011

WORKSHOPS: Please note that all workshops are free, but space is limited and preregistration is required. To reserve a seat, call the Center at (650) 903-6330 or visit the front desk.

PILGRIMAGE SITES OF THE WORLD

Different religions have sacred sites that have been visited for centuries. Join Eloina Villegas, Ph.D., to explore the legends and history of various sites around the world, such as Santiago de Compostela in Spain. Through images and stories, we will become pilgrims too!



Date: Tuesday, September 13 at 1:00 p.m.

Location: TBA

IS IT ALZHEIMER'S OR NORMAL AGING?

Realizing you are forgetting names of people, places or things can be frightening, but does it mean that you have Alzheimer's? Join Gerontologist Elna Tymes for a special talk before lunch as she discusses the difference between the forgetfulness everyone experiences and memory loss associated with early stage Alzheimer's Disease. Also learn strengthening mental exercises.

Time: Thursday, September 15 at 10:30 a.m.

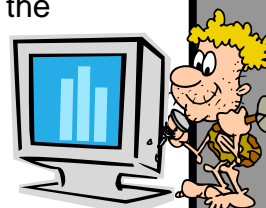
Location: Social Hall

HISTORY OF COMPUTERS

Less than a century ago, nobody had heard of the computer, and now, for many, life without them is unimaginable. How did computers become such an integral part of modern US society? From the opening of Hewlett Packard to the invention of the Apple II and all computer things in between, join Monica Lipscomb for this educational and interactive computer workshop.

Date: Wednesday, September 21 at 2:30 p.m.

Location: Technology Room



eBOOKS: READING ONLINE

Download Dickens! Join Paul Sims from the Mountain View Library to learn about E-Books: reading books on electronic devices such as computers, Kindles, and iPads. Bring your library card, and learn to use a computer to access the Mtn. View Library's large collection of E -Books with a click!

Date: Thursday, September 29 at 1:00 p.m.

Location: Technology Room

WORKSHOPS

City of Mountain View, CSD, Recreation Division

266 Escuela Ave., Mountain View, CA 94040 (650) 903-6330, www.mountainview.gov